

# Discover. Go Deeper. Disciple.

## Lightning Study

### Running to Win

1 Corinthians 9:24-27

- 24 Do you not know that those who run in a race all run, but only one receives the prize? Run in such a way that you may win.
- 25 Everyone who competes in the games exercises self-control in all things. They then do it to receive a perishable wreath, but we an imperishable.
- 26 Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air;
- 27 but I discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified.

Philippians 3:12-14

- 12 Not that I have already obtained it or have already become perfect, but I press on so that I may lay hold of that for which also I was laid hold of by Christ Jesus.
- 13 Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead,
- 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.

### Instructions

Everyone wants to be a winner. What are the true characteristics of a winner? Follow the simple instructions below to discover for yourself!

#### Observe

Read the Scripture passages to the left and on the next page. As you read draw a box around the word **run** and all the synonyms and pronouns that refer to it (e.g. competes, it, running, press on)

#### Interpret

What motivates someone to run?

---

---

---

What is necessary to compete?

---

---

---

#### Observe

Read the passage again and draw a circle around the word **prize** and all synonyms and pronouns that refer to it (e.g. crown).

#### Interpret

According to 1 Corinthians 9:25 what are the two types of crowns or prizes?

---

---

...continued on the back

# Discover Deeper. Disciple.

Hebrews 12:1-3

- 1 Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us,
- 2 fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.
- 3 For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart.

Apply

According to the rest of that passage, how should I run in order to get the prize?

---



---



---



---

Observe

Read the passages again and mark Christ Jesus and all the synonyms and pronouns that refer to Him (e.g. who, Him, Himself).

Apply

What should I do if I want to be a true winner?

---



---



---



---

How can I run without growing weary or losing heart? \_\_\_\_\_

---



---



---

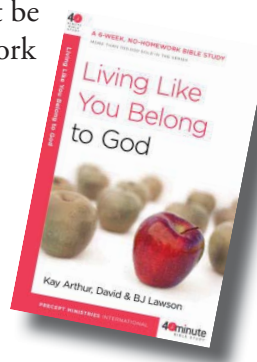


---

It's great to reach your goals—to win the prize. It's even greater to win the prize of the upward call of God in Jesus Christ!

Keep it going...

If this short study got you thinking about how you are running the race, you might be interested in the 6-week no-homework Bible study called, *Living Like You Belong to God*. You can order it by contacting Precept Ministries at the address below.



**Precept Ministries International**

14 Holiday Drive, Brantford, ON N3R 7J4 | [www.preceptministries.ca](http://www.preceptministries.ca)

1.877.234.2030 | [info@preceptministries.ca](mailto:info@preceptministries.ca)